



OVERVIEW OF THE REGISTERED PRACTITIONER TRAINING PROGRAM

The **Registered Practitioner Training Program** is designed to give students a thorough understanding of the principles of Ortho-Bionomy, in addition to providing extensive hands-on experience in both classes and supervised practice. Practitioner Trainees choose an instructor, with a minimum of one year of teaching experience, who will act as their advisor and assist throughout the training period by offering guidance, support and constructive feedback. This program prepares the individual of the hands-on application of the principles and the philosophy of Ortho-Bionomy in a professional practice.

Entrance Requirements

1. Applicant must have a current Student or Associate membership in OBAC
2. Choose an Advisor
3. Fill out and submit to the OBAC office, the 'Application to Practitioner Training Program Form'
4. Send the enrollment fee of \$100.00 to the OBAC treasurer

Program Curriculum

(A unit is approximately equal to 1 hour, 16 units per two day class)

- ☐ 64 units Phase Four
- ☐ 16 units Phase Five
- ☐ 16 units Phase Six
- ☐ 32 units Anatomy and Physiology
- ☐ 16 units Chapman's Neurolymphatic Reflexes
- ☐ 16 units Demonstration Skills
- ☐ 16 units Elements of a Successful Practice
- ☐ 16 units Ethics and Emotional Issues
- ☐ 16 units Exploration of Movement Patterns
- ☐ 16 units Isometrics
- ☐ 16 units Postural Re-education and Post Techniques
- ☐ 16 units Practitioner Training Seminar
- ☐ 40 units Residential *(five days minimum)*
- ☐ 16 units Self Care
- ☐ 16 units Electives
- ☐ 18 units Study Groups *(six-3 hour minimum each)*
- ☐ 20 units Tutorials *(discussions, sessions received, sessions for feedback)*
- ☐ 150 Documented Sessions *(supervised practice)*

Evaluation Phase

- Two evaluation sessions given to different Instructors / one evaluation session given to your Advisor
- Demonstrating Ortho-Bionomy, as an introduction to your practice, to a minimum of 4 people and observed by an Instructor
- A short written essay (at least one page) on what the principles and philosophy of Ortho-Bionomy has meant to you both personally and professionally.

Registered Practitioner Training Program Total: 521 Units *(including Evaluation Phase)*

For the complete guidelines to the training program: Practitioner Training Program Guidelines